

Allianz Well!

International Health Plan

Wellness Benefit Guide

Take advantage of your Wellness Benefits for a healthier you
and have Confidence in Tomorrow!

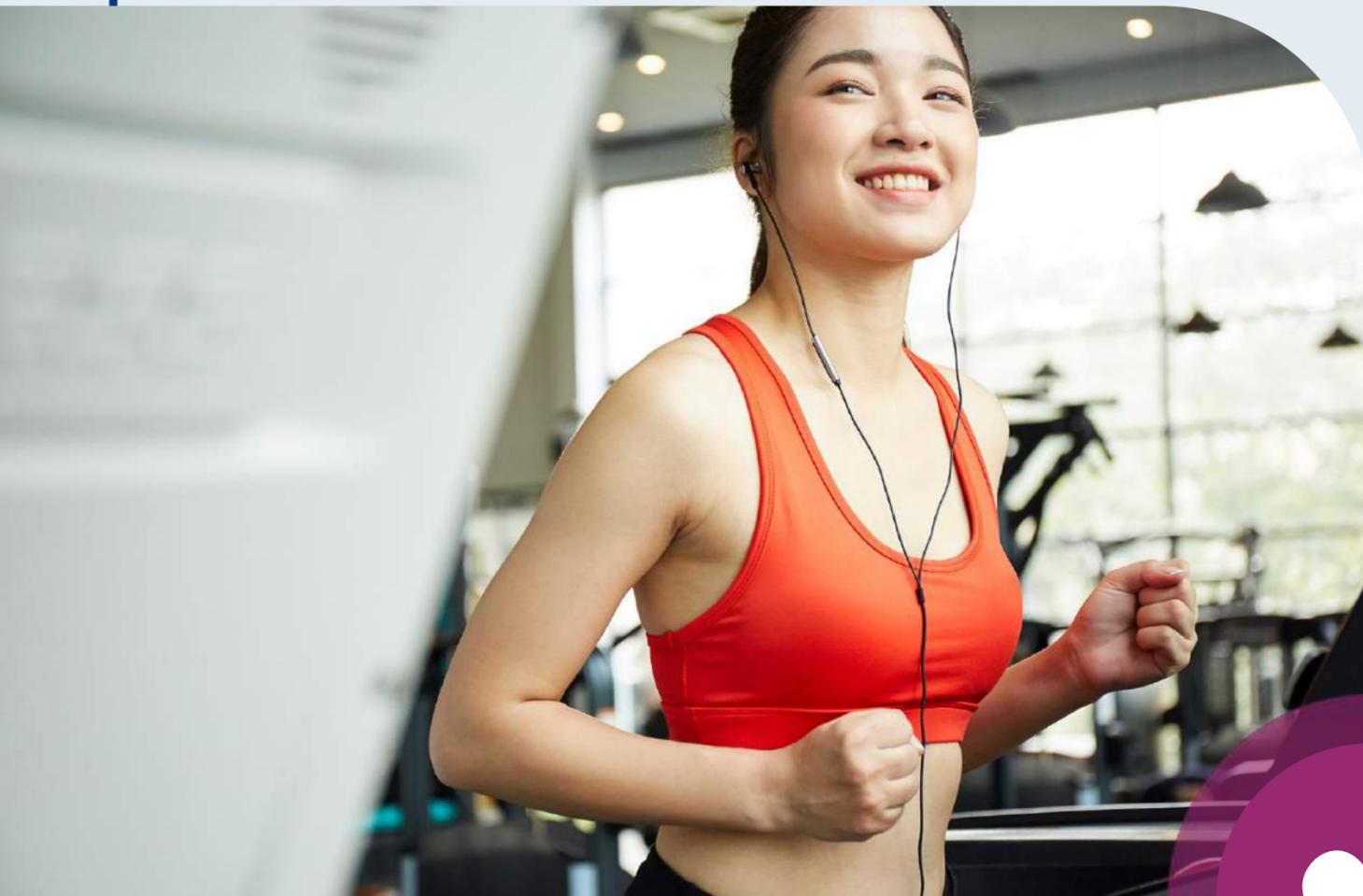


What are Allianz Well! plan wellness benefits?

Allianz Well! is an International Health Plan that provides you access to a wide range of wellness services designed to support and enhance your health and well-being. From health screenings to vaccinations, hearing and visual aids, dental services, nutrition counseling, and physical activity programs like gym, yoga, and pilates, it got you covered so you may take charge of your health and wellness today for a more confident tomorrow!

How to get started?

- ✓ As an insured member, you have a **maximum limit of Php10,000.00 annually.**
- ✓ If you're on a monthly or quarterly payment plan, please note that there is a **three (3) month waiting period.**
- ✓ You can claim your wellness benefits via reimbursement and take advantage of our cashless availment for health screenings through our accredited networks.



Learn more about your wellness benefit options



Health Screening (Executive Check-up)*

It's always better to prevent than to cure. Your plan provides coverage for various health screenings to detect potential health risks early on. These are common examples of preventive health screenings that you may take:

- ✓ Basic Routine Executive Screening
- ✓ Male 40yrs. Old Health Check-up
- ✓ Female 40yrs. Old Screening Package
- ✓ Cancer Screening Package
- ✓ Diabetes Screening Package

**For cashless availment, please email healthclaims@allianzpnblife.ph.*



Dental and Vision Services

Your plan covers dental and vision services, such as consultations, routine treatments, prescribed eyeglasses, contact lenses, and hearing aids.

To avail of these services, the insured must submit a copy of their prescription for vision services. For dental services, the insured must submit a receipt or dental certificate, with a detailed breakdown of services provided by the health provider.

DNA/Genetic Testing for Nutrition

If you're interested in gaining insight to your health, Allianz Well! plan offers DNA/genetic testing for nutrition. This test identifies genetic protein variations to identify metabolic weaknesses, providing valuable information for personalized health management.



Fitness Programs

Maximize your wellness benefits by signing up to fitness programs, including gym, yoga, and pilates classes, designed to help you maintain a healthy physique and boost your confidence.

Vaccines

Your plan covers immunization vaccines to help you stay protected against various preventable diseases. This benefit ensures that you have access to essential vaccines to safeguard your health and well-being.

**Please note that anti-rabies vaccine is not covered under wellness benefits.*



Nutritional Counseling

Gain personalized guidance from experts with nutritional counseling services through our accredited providers, helping you plan healthy meals that meet your daily nutritional needs and lifestyle.

Wellness Program

Treat yourself to a healing trip with our Wellness Program benefit, which covers wellness programs and activities provided by wellness centers, establishments, or resorts that promote total health, wellness, and longevity.



Over-the-Counter Multi Vitamins*

Ensure you get your daily dose of vitamins and supplements with our over-the-counter multivitamins benefit, keeping you energized and ready to tackle your goals.

**Only up to Php5,000.00 of the aggregate wellness benefit limit.*

Prescribed COVID-19 Test*

In the era of COVID, rest assured that our wellness benefit provides access to prescribed COVID-19 tests, helping you stay informed and proactive about your health. This includes Reverse Transcription Polymerase Chain Reaction (RT-PCR) tests or Antigen test for SARS-CoV-2 which is prescribed by a licensed medical practitioner and with official receipt.

**Only up to Php5,000.00 of the aggregate wellness benefit limit.*



Here are the following **exclusions** to take note of from the **Wellness Benefit Coverage**

- × Cosmetic Dentistry treatments, procedures, and dentures.
- × Hotel accommodation and staycation that does not include wellness activity.
- × Walk-in laboratory and diagnostic examinations or those prescribed after an outpatient consultation.
- × Vaccinations related or used for an emergency or accidental situation.
- × Any treatment received in health hydro, nature cure clinics, spa or similar establishments such as massage, hydrotherapy, reiki or other non-medical treatments.
- × Alternative therapies or treatments such as but not limited to acupuncture, homeopathy, ayurveda, naturopathy and the like.
- × Non-prescribed eyeglasses, contact lenses, hearing aids, and covid-19 tests.
- × Aesthetic Treatments.
- × Herbal dietary supplements which have no approved therapeutic claims.
- × DNA Paternity testing to determine parentage.
- × Fad Diet Consultations.



Filing claims is easy, make sure to follow these simple steps

1

Submit the complete reimbursement requirements in **PDF** file format to healthclaims@allianzpnlife.ph

2

An approval email notification will be received within three (3) calendar days.

3

Approved amount will be transferred to the nominated bank account within seven (7) working days.

Important Note! Please use this subject line format in sending the reimbursement requirements.

Email Subject: **Wellness Reimbursement || Complete Name (last, given, middle name) || Policy Number**
(e.g., *Wellness Reimbursement || Juan, Carlos Diego || PN 123456789*)

Here are the reimbursement requirements.

1. Wellness Reimbursement Form

You may download the [form here](#).

2. Breakdown of Expenses (for two or more items purchased).

3. Official Receipt/s (named after the insured claiming the benefit/s).

4. Prescription (for Covid-19 test, eyeglasses, contact lenses, and hearing aids)

5. Result/s (for Covid-19 test and Executive Check-up examination).

6. Receipt or Dental Certificate (Showing the detailed breakdown of services).

Not sure if a service is covered under your wellness benefit or need assistance?

You may call our Claims hotline at (+632) 8818.4357 (Press '2' twice), or email healthclaims@allianzpnblife.ph
Mondays to Sundays from 8:00 AM –8:00 PM



Important Reminders

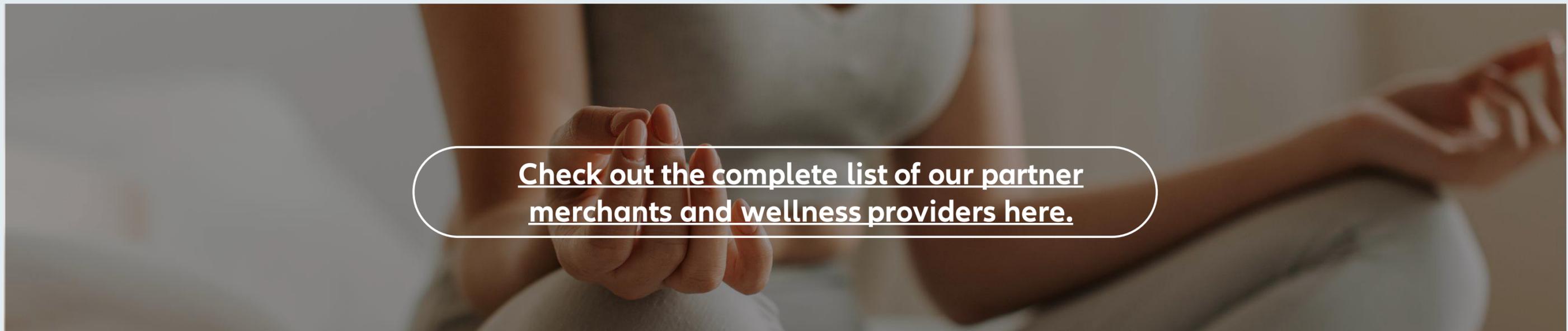


- You must submit a fully completed wellness reimbursement form **within ninety 90 days** after the date of treatment, service, or purchase of prescription drugs and materials. We will not pay the reimbursement if the requirements were submitted beyond ninety (90) days unless there is a reasonable justification therefor. In any event, however, reimbursement can no longer be made after 365 days from the date of treatment, service, or purchase.
- Documents **must be readable** and submitted in **PDF** files.
- When submitting additional/lacking requirements, kindly **reply in the same email thread** and refrain from creating a new email.
- **If the policyowner is the same as the policy insured**, please sign the authorization for POLICYOWNER only. **If the insured claimant is a minor**, please write the insured minor's name in the "portion to be countersigned by the policyowner".
- All reimbursements submitted with **incomplete requirements will be closed, i.e., will postpone processing, after ten 10 calendar days from the receipt of the first submission**. Upon receipt of complete documents, the standard processing time will restart, *i.e., submission of complete requirements is Day 1*, and the claims will be processed within the agreed turnaround time, which is seven (7) working days.

AllianzHealthbox

Looking to make the most out of your Wellness Benefits? Allianz Healthbox has got your back!

Allianz Healthbox is the ultimate destination for all your healthcare, lifestyle, and wellness needs. As an Allianz PNB Life policyholder, you get access to exclusive perks and freebies from our Healthbox partners. Make the most of your wellness benefits by enjoying discounts and freebies from our awesome Healthbox Partners!



[Check out the complete list of our partner merchants and wellness providers here.](#)

*Allianz Healthbox provides access to partners only, please note that not all perks are reimbursable under wellness benefits of Allianz Well!
For Allianz Healthbox inquiries, please email healthbox@allianzpnblife.ph.*